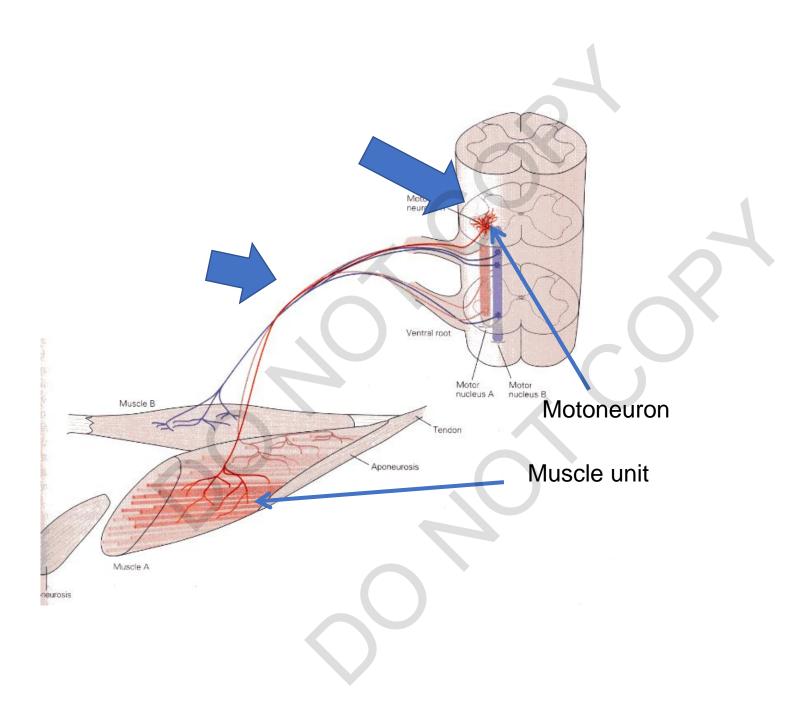
Distortions in the synaptic organization of motor commands to proximal and distal muscles following hemiparetic stroke

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# Hemiparetic stroke, paradoxical effects on motor unit recruitment and rate modulation

- Compressed range of recruitment, implied motoneuron thresholds are reduced and that they are <u>more</u> excitable.
- Impaired rate modulation, implying motoneurons are less excitable.
  - Gemperline, Allen, Walk, Rymer. Characteristics of motor unit discharge in subjects with hemiparesis. Muscle Nerve. 1995.
  - Mottram, Suresh, Heckman, Gorassini, Rymer. Origins of Abnormal Excitability in Biceps Brachii Motoneurons of Spastic-Paretic Stroke Survivors. J Neurophysiol. 2009.
  - Mottram, Heckman, Powers, Rymer, Suresh. Disturbances of motor unit rate modulation are prevalent in muscles of spastic-paretic stroke survivors. J Neurophysiol. 2014.

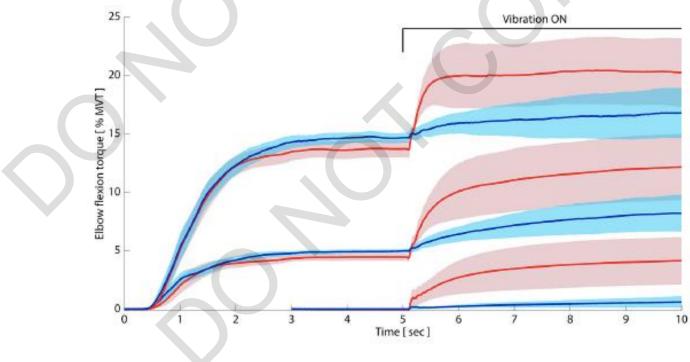
### Increased drive from the brainstem as the mechanism of both + and -?

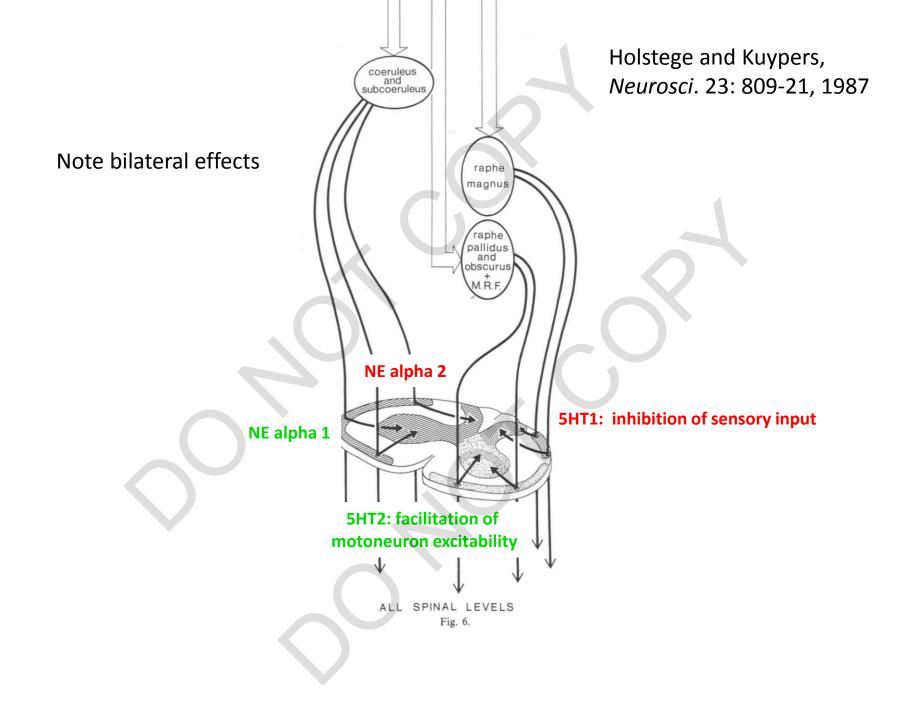
#### **Vestibulospinal**

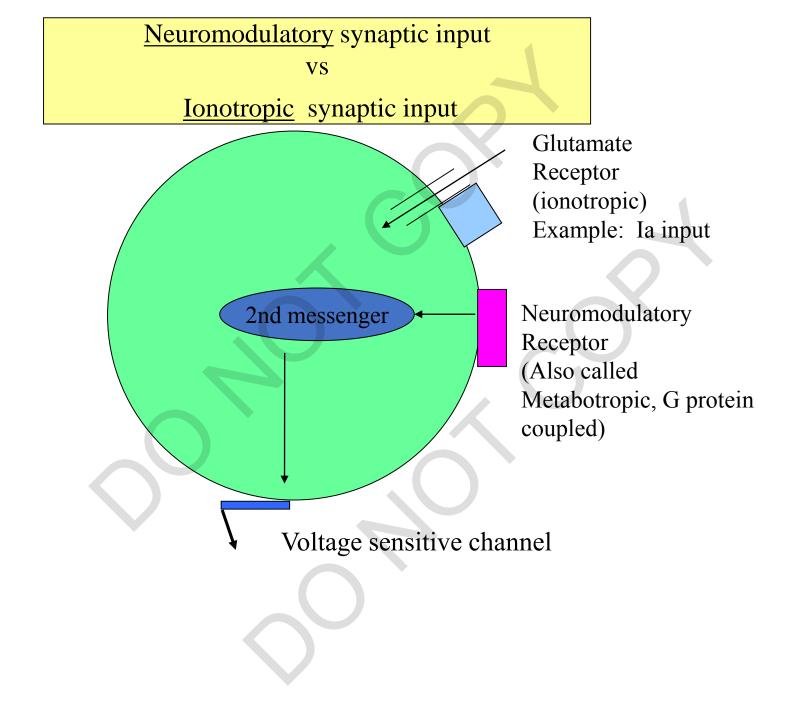
Miller DM, Rymer WZ. Front Hum Neurosci. 2017. Miller DM, Baker JF, Rymer WZ. Clin Neurophysiol. 2016. Miller DM, Klein CS, Suresh NL, Rymer WZ. Clin Neurophysiol. 2014.

#### Reticulospinal, monoaminergic component

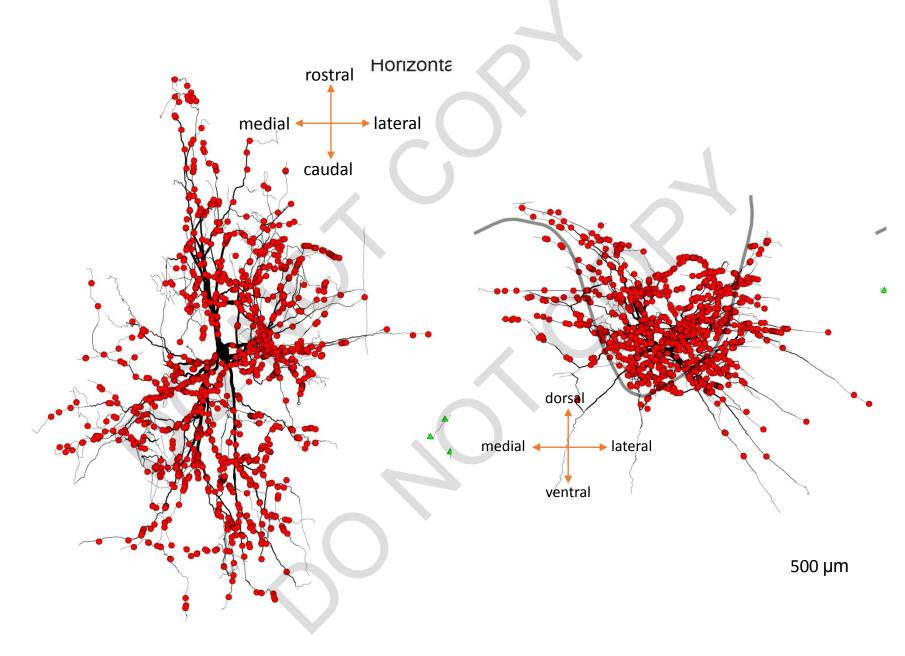
McPherson JG, McPherson LM, Thompson CK, Ellis MD, Heckman CJ, Dewald JPA. Front Hum Neurosci. 2018.



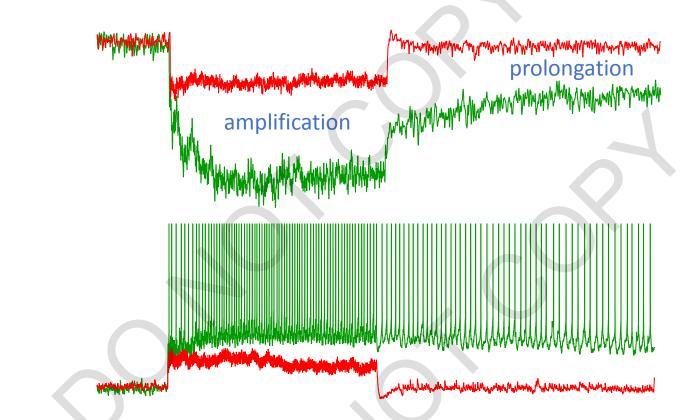




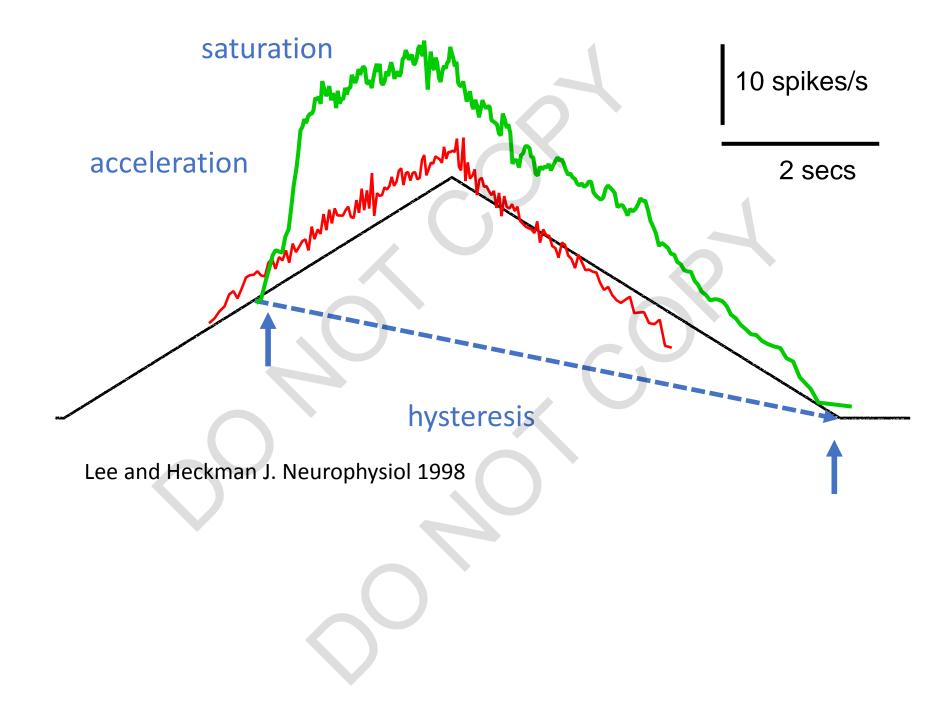
Noradrenergic synapses on a neck motoneuron, Ken Rose lab, Queens University



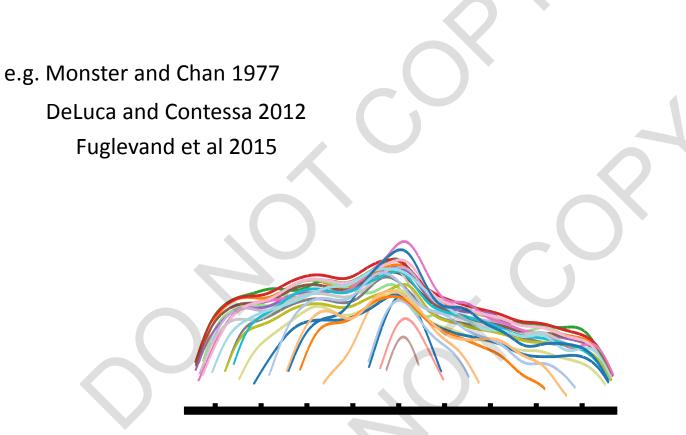
#### Effects of 5HT to facilitate motoneuron excitability: PICs



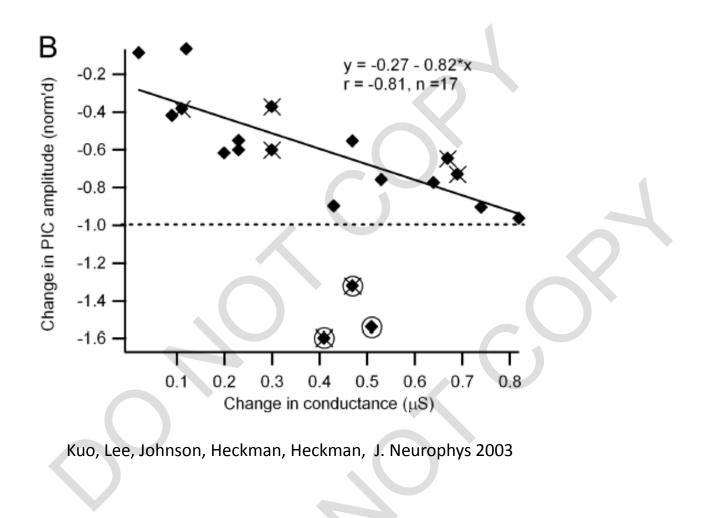
Schwindt, Crill, early 80's Hounsgaard, Kiehn, Hultborn et al, mid to late 80's

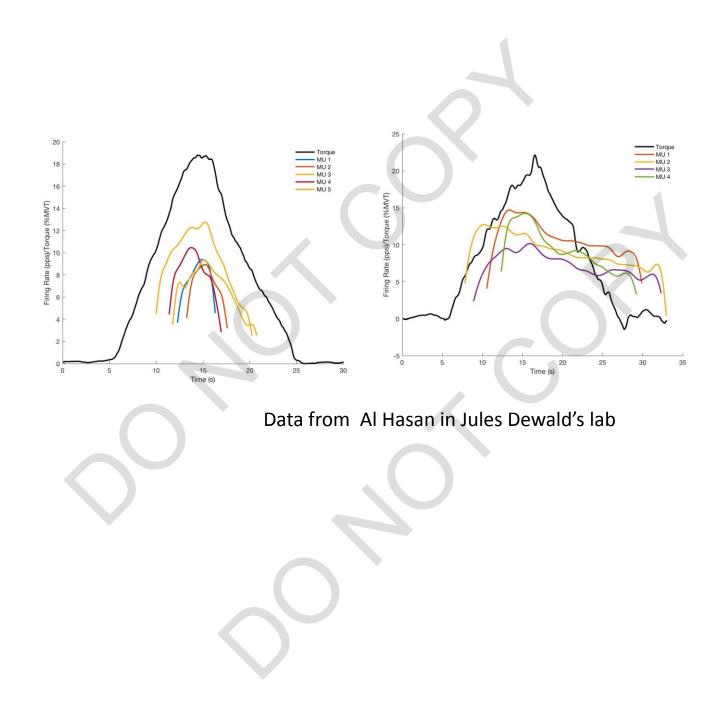


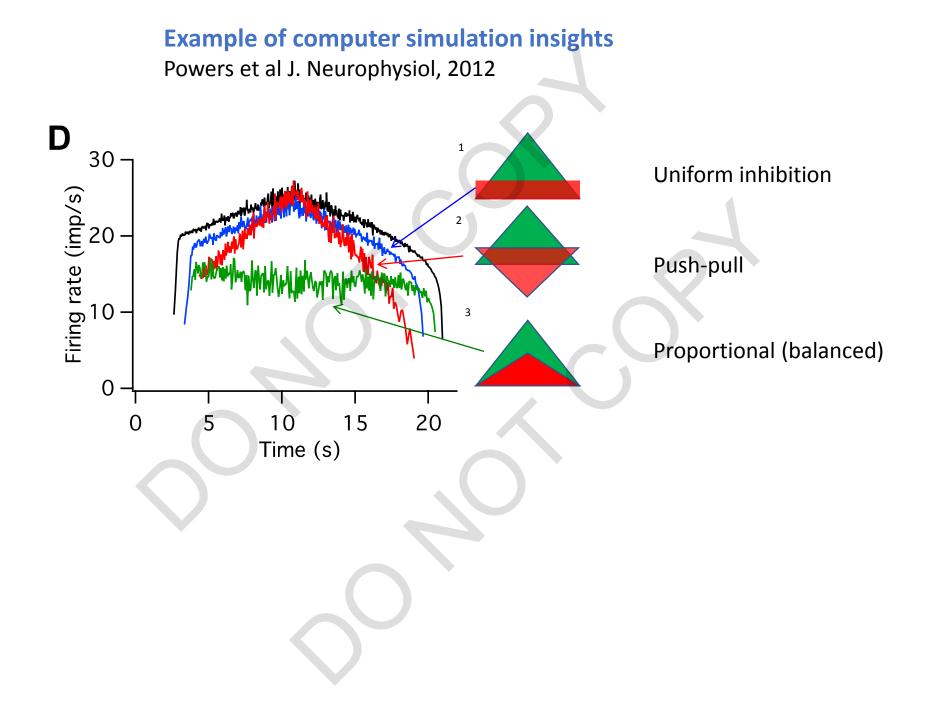
# Motor unit firing patterns consistent with strong PICs are a hallmark of normal motor output

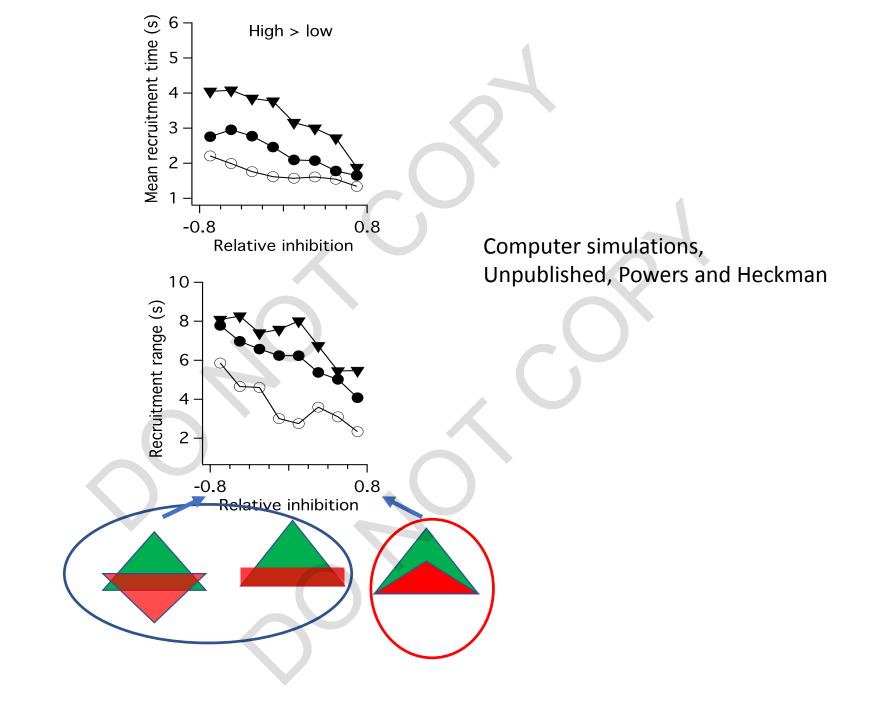


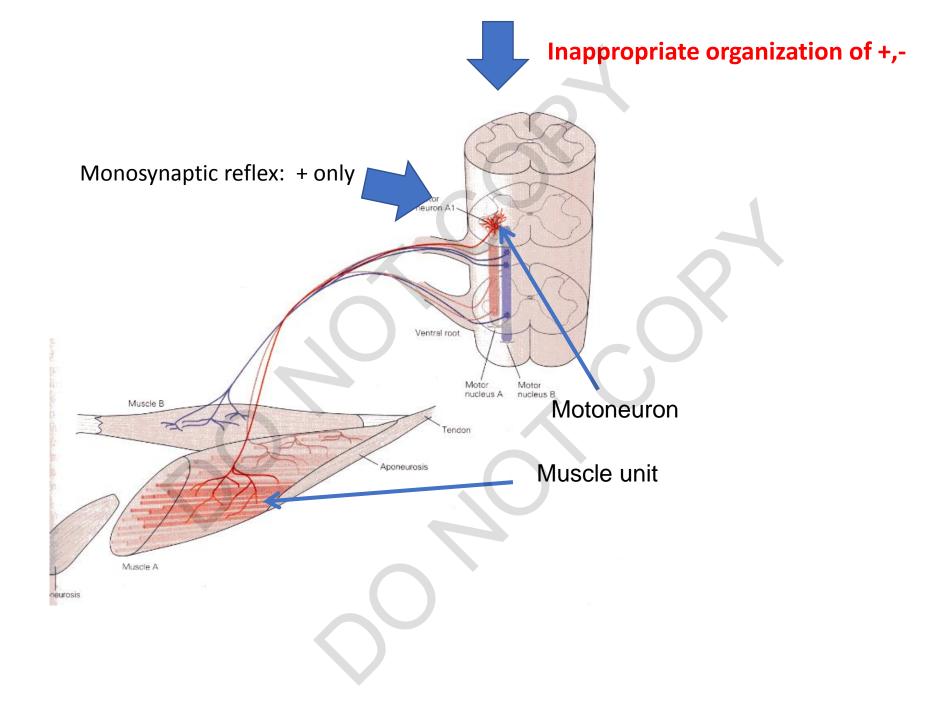
Thompson et al unpublished



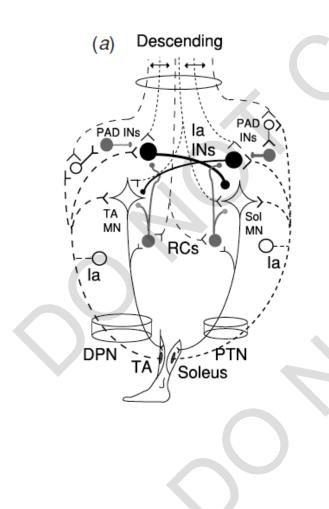








Why does proportional inhibition emerge post-stroke? Perhaps loss of voluntary control of reciprocal inhibition.



Peirrot-Deseilligny, Burke 2005

#### So overall, the (highly preliminary) conclusion is:

- Motoneurons are hyperexcitable with larger PICs due to increased monoaminergic component of reticulospinal
- This excitability is evident from reflexes (especially la monosynaptic)
- Volitional drive is impaired and may activate non-reciprocal (balanced, proportional)

#### Further tests of this hypothesis based on:

- Differences between muscles
- Drugs
- Computer simulations