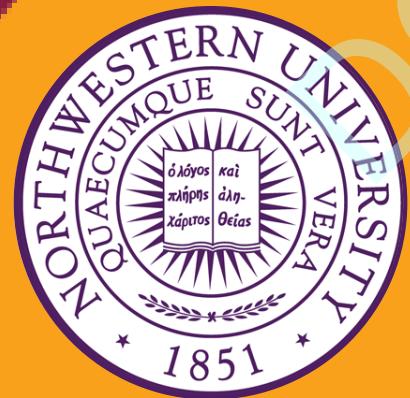




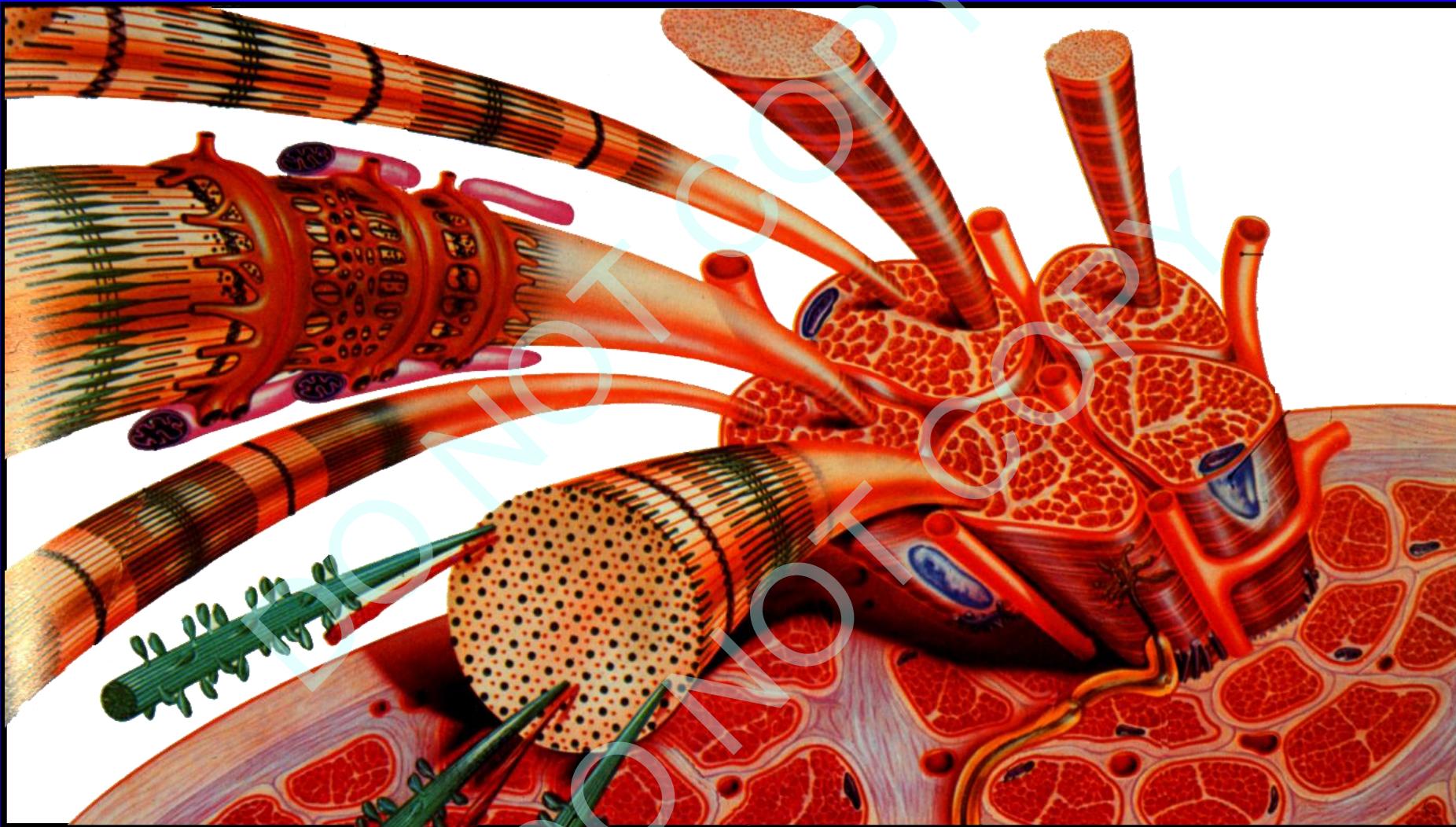
The future of



# Mechanisms of Human Muscle Contractures

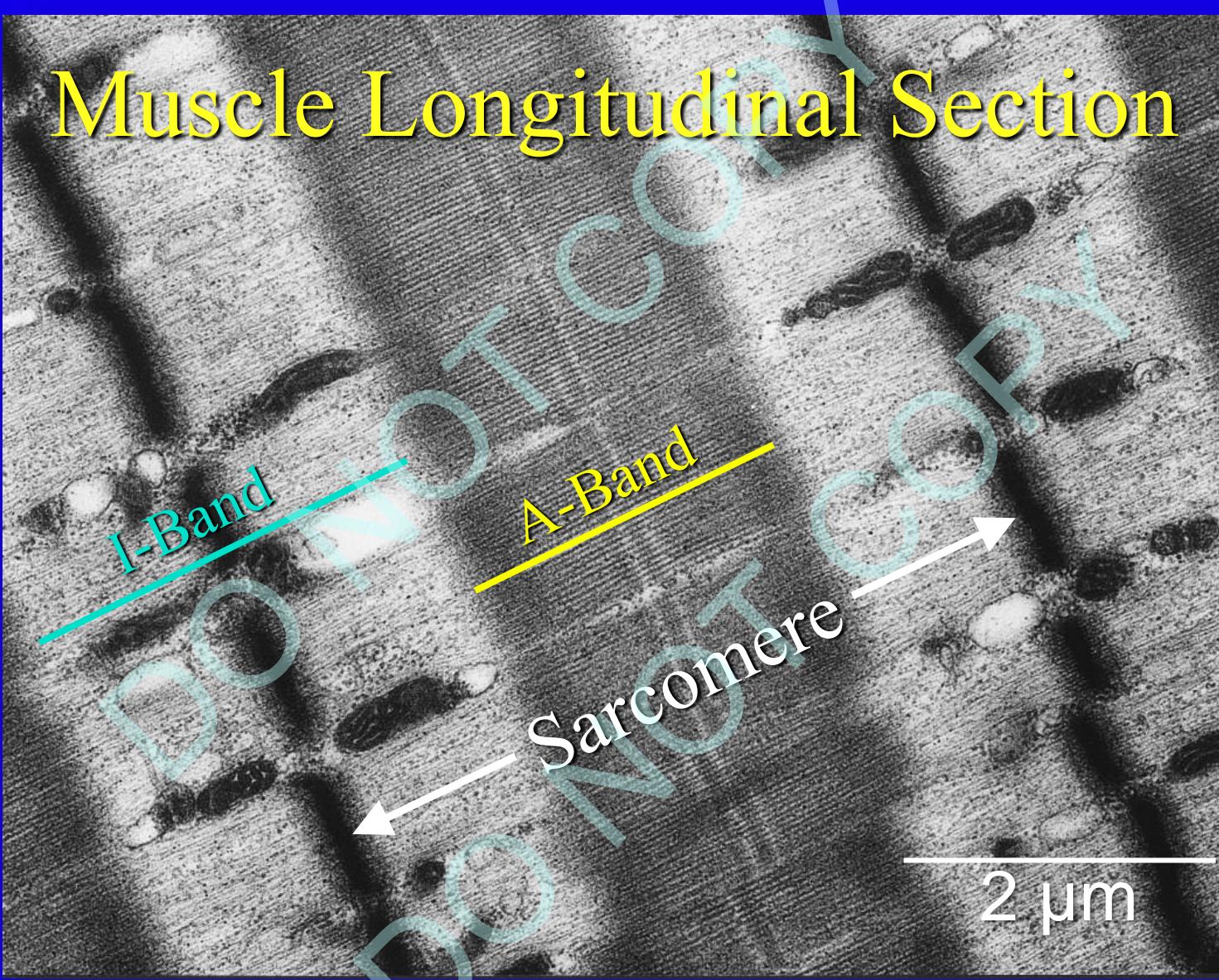


Richard L. Lieber, Chief Scientific Officer, Shirley Ryan AbilityLab Professor, Northwestern University

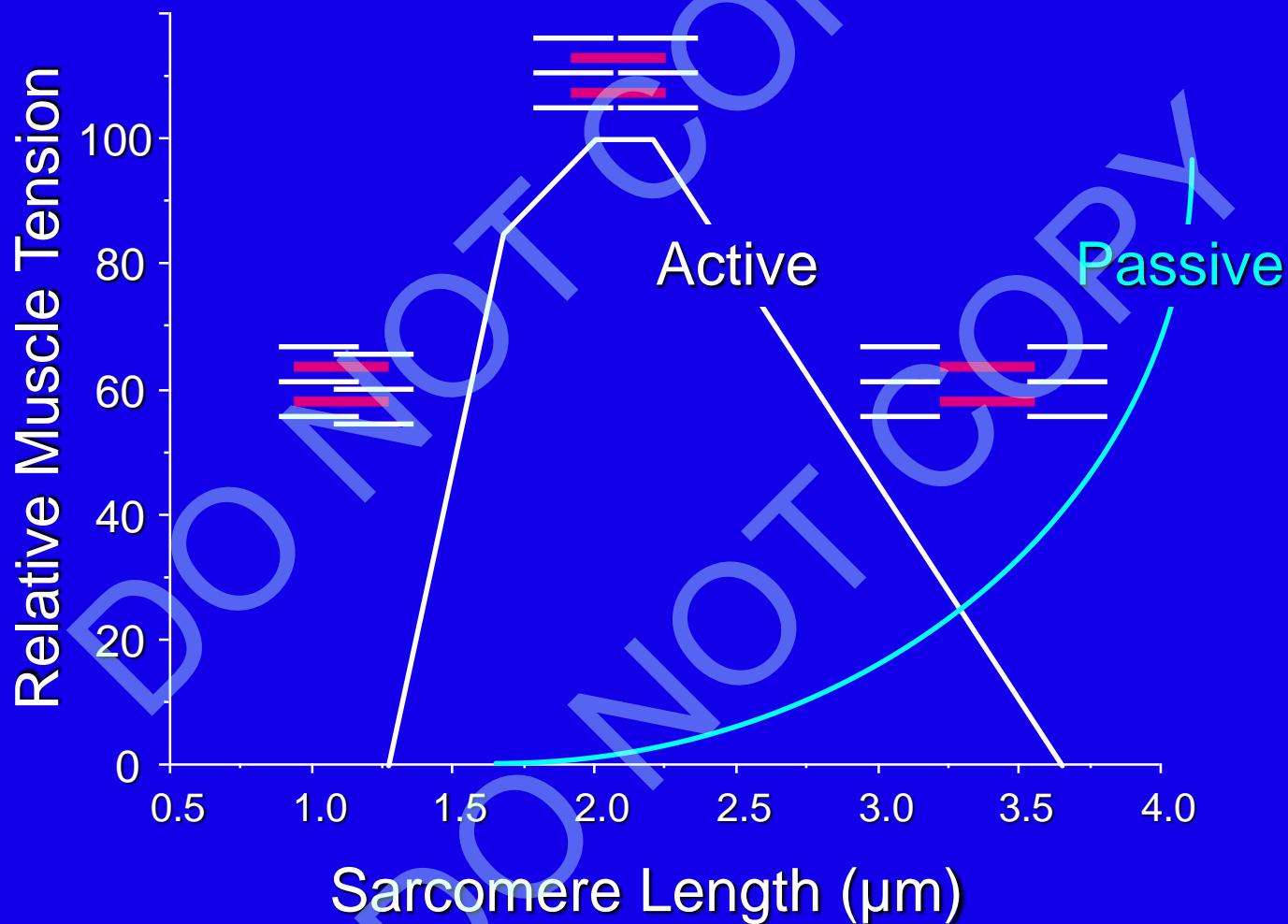


*“Skeletal muscle is a beautiful composite tissue”*

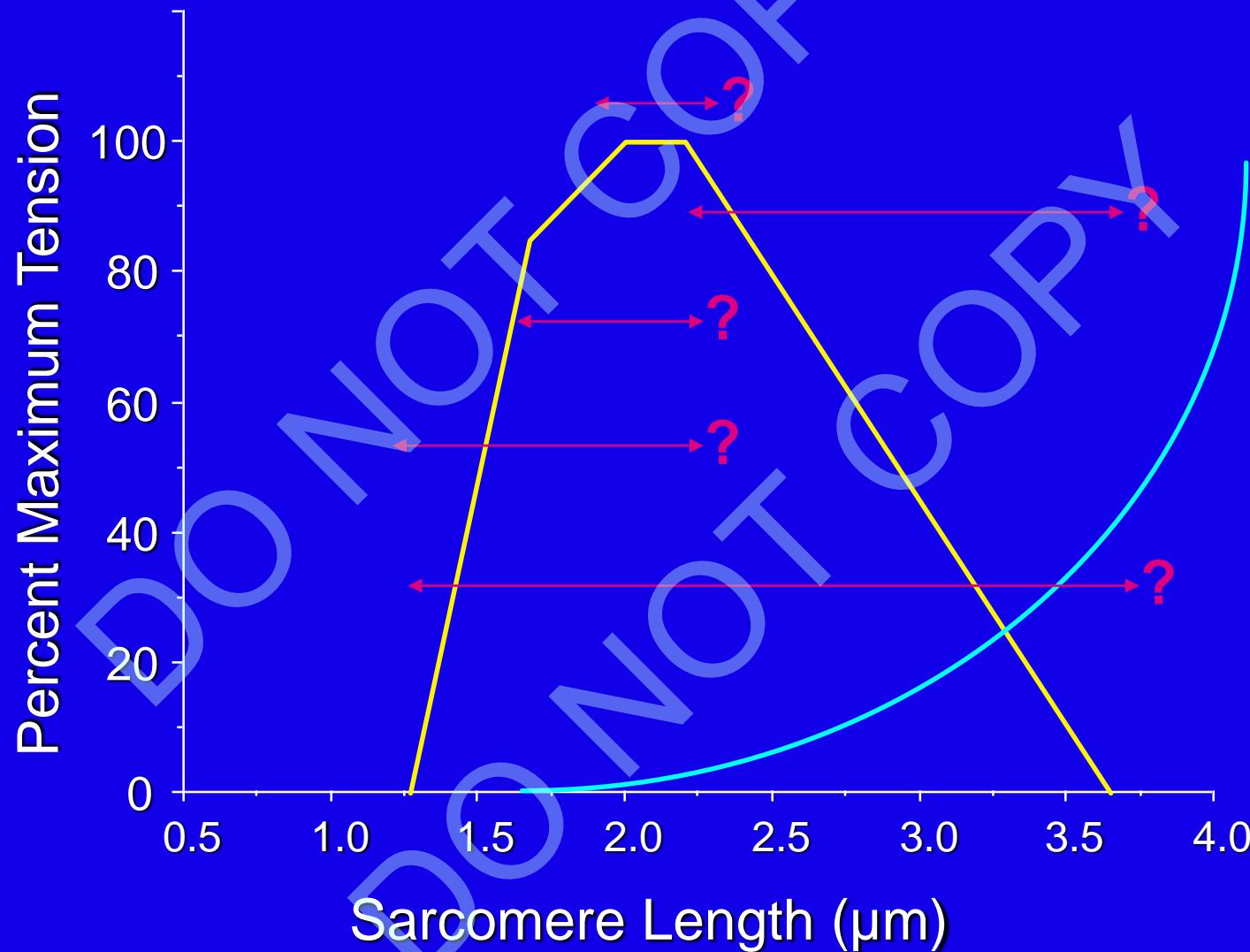
# Muscle Longitudinal Section



# *Sarcomere Length Predicts Muscle Force*



# Physiological Operating Range?



## Laser Myometer



Courtesy Myogenesis, Inc.

Lieber, Loren and Fridén (1994) *J. Neurophysiol.* **71**:874-881.

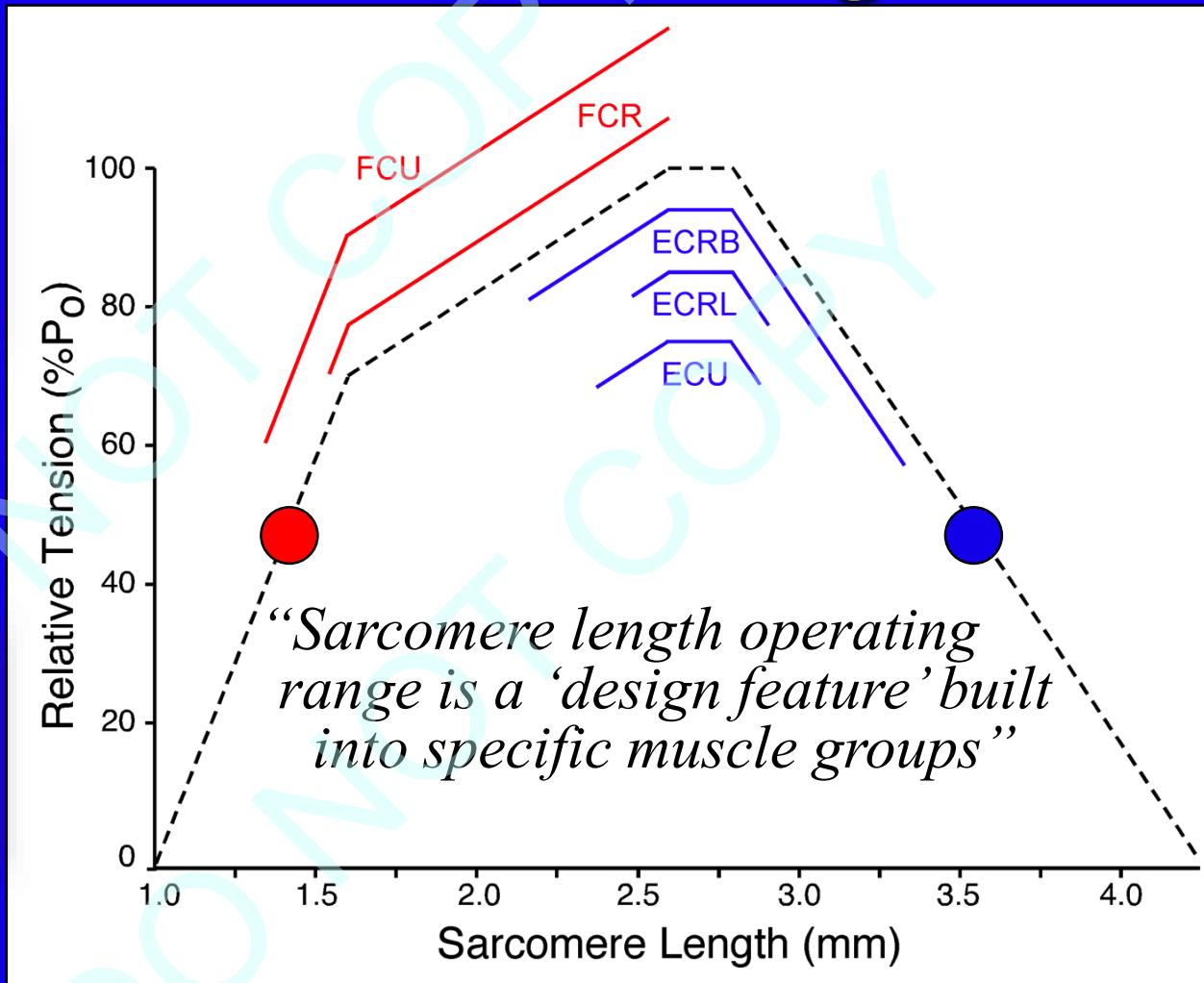
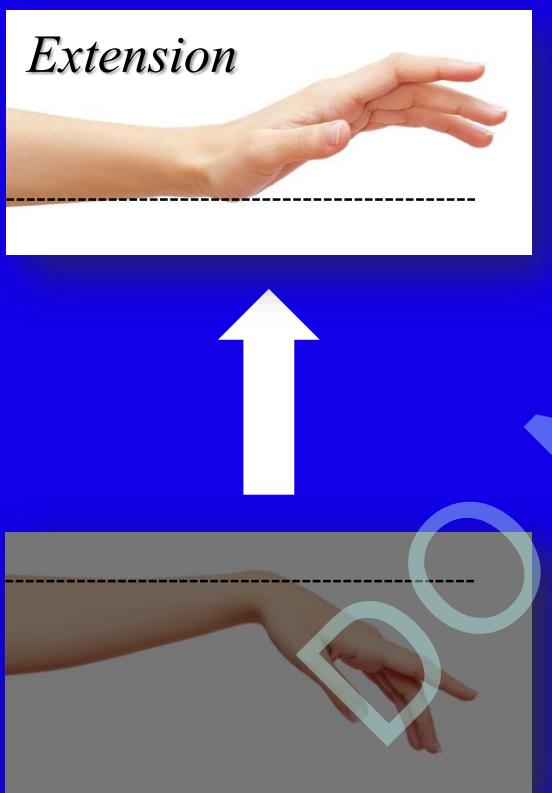
$$n\lambda = d \sin\theta$$



Diffraction Pattern



# *Human Wrist Joint Design*



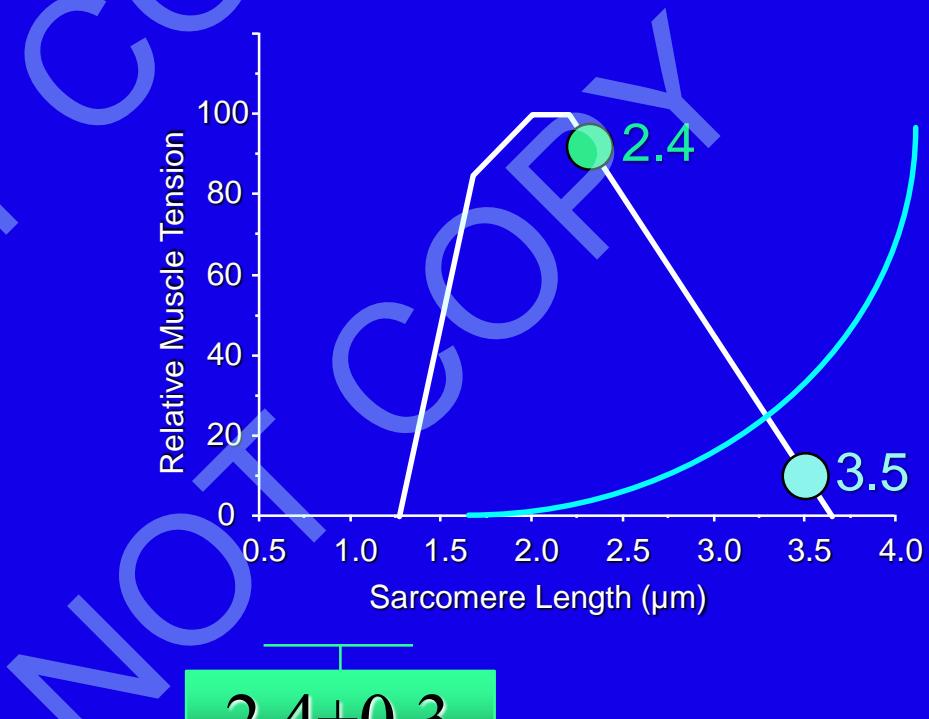
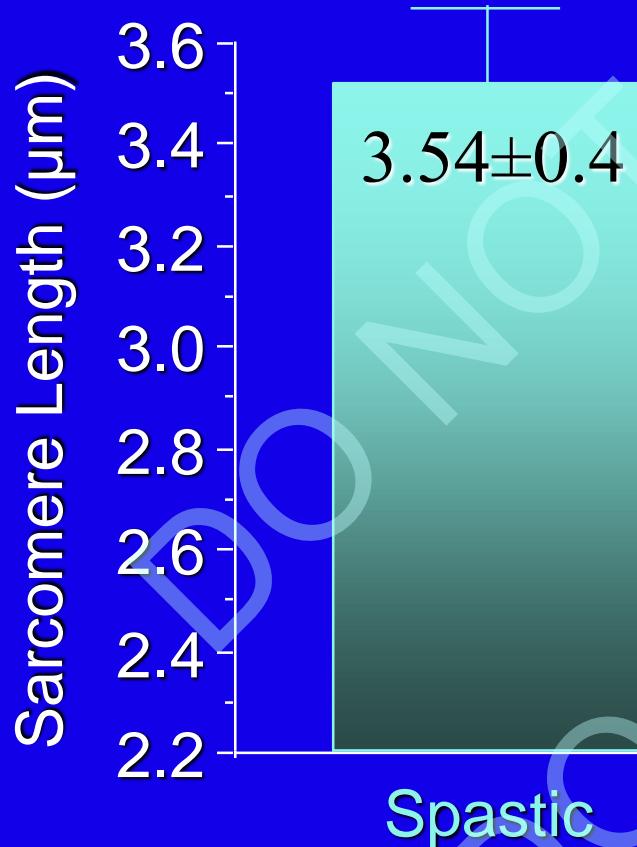
# Intraoperative FCU Measurements

- Spastic FCU wrist flexion contractures (n=6)

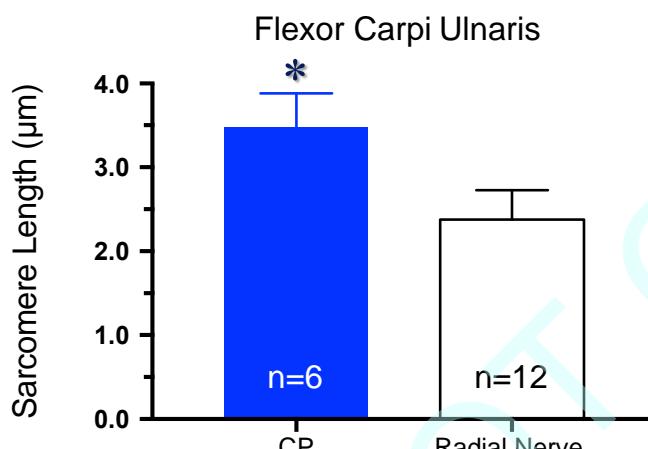


- “Normal” FCU muscles with wrist in full flexion (n=12, radial nerve palsy)

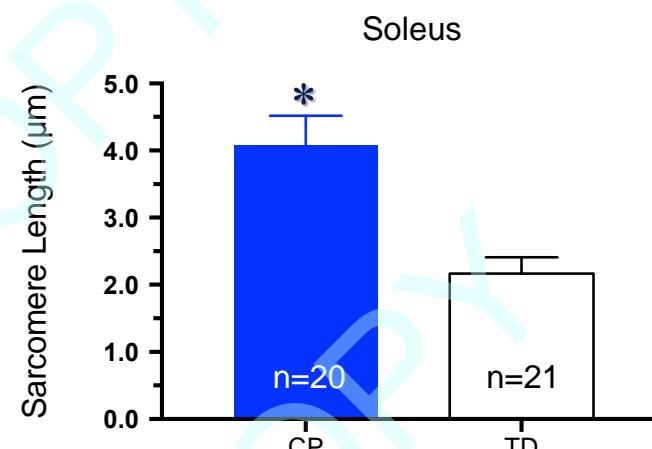
# Sarcomere Length Comparison



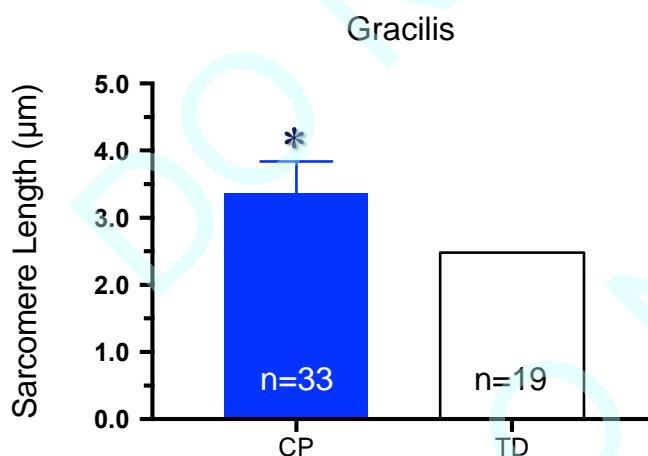
Lieber and Fridén (2002). *Muscle & Nerve* 25:265-270



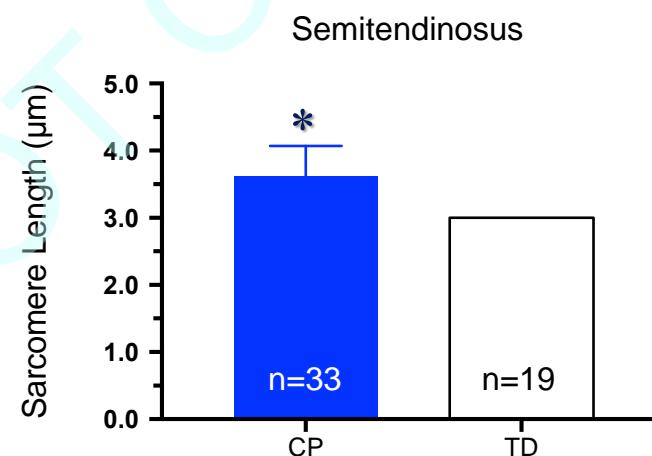
Lieber and Fridén (2002)



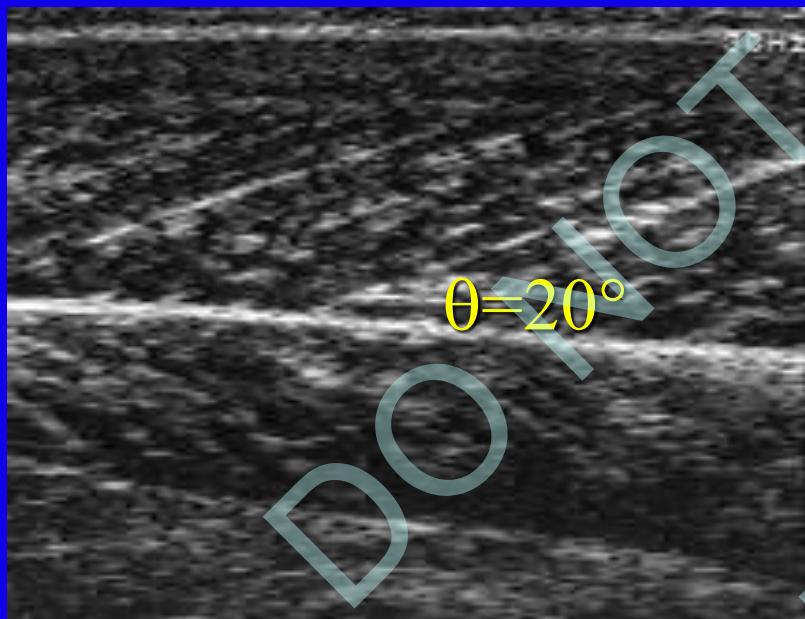
Mathewson *et al.* (2014)



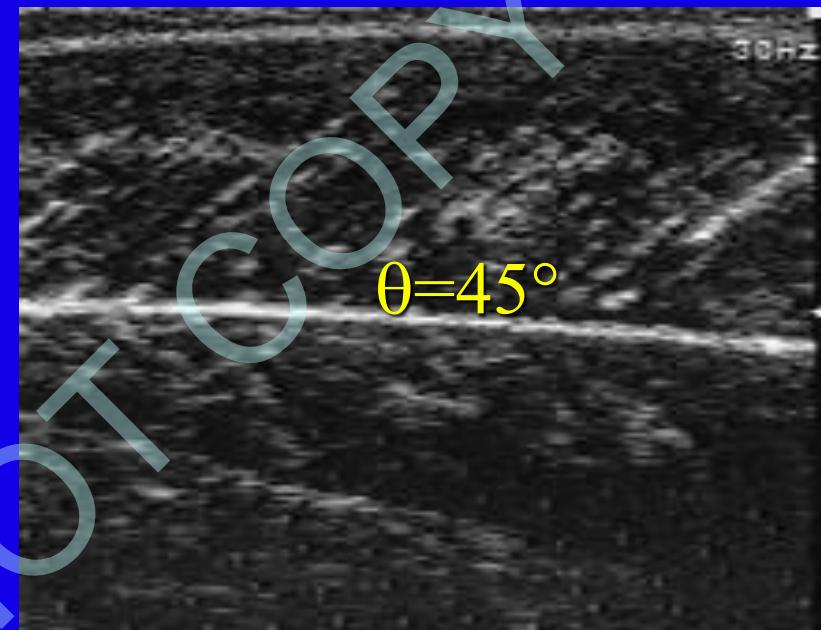
Smith *et al.* (2011)



# Architecture by Ultrasonography



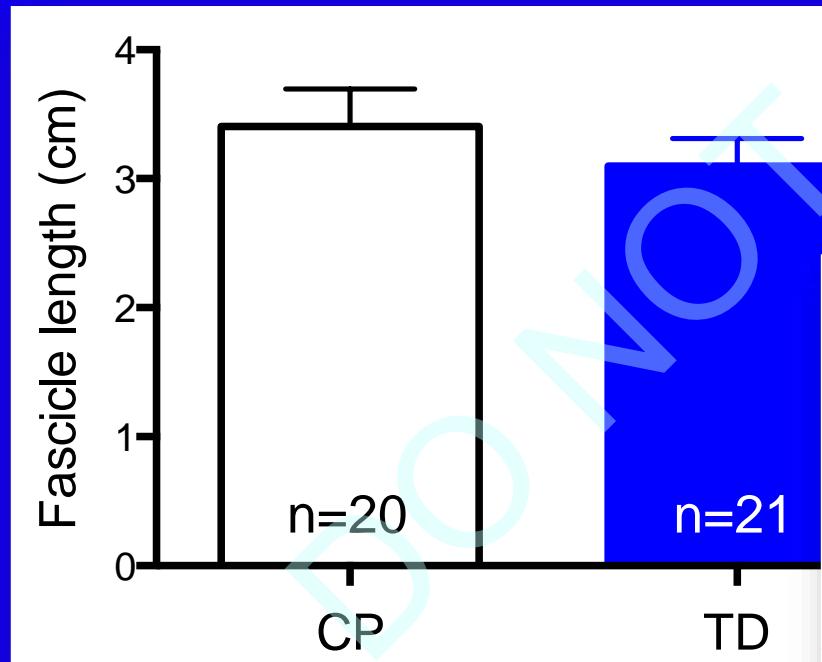
Passive Muscle



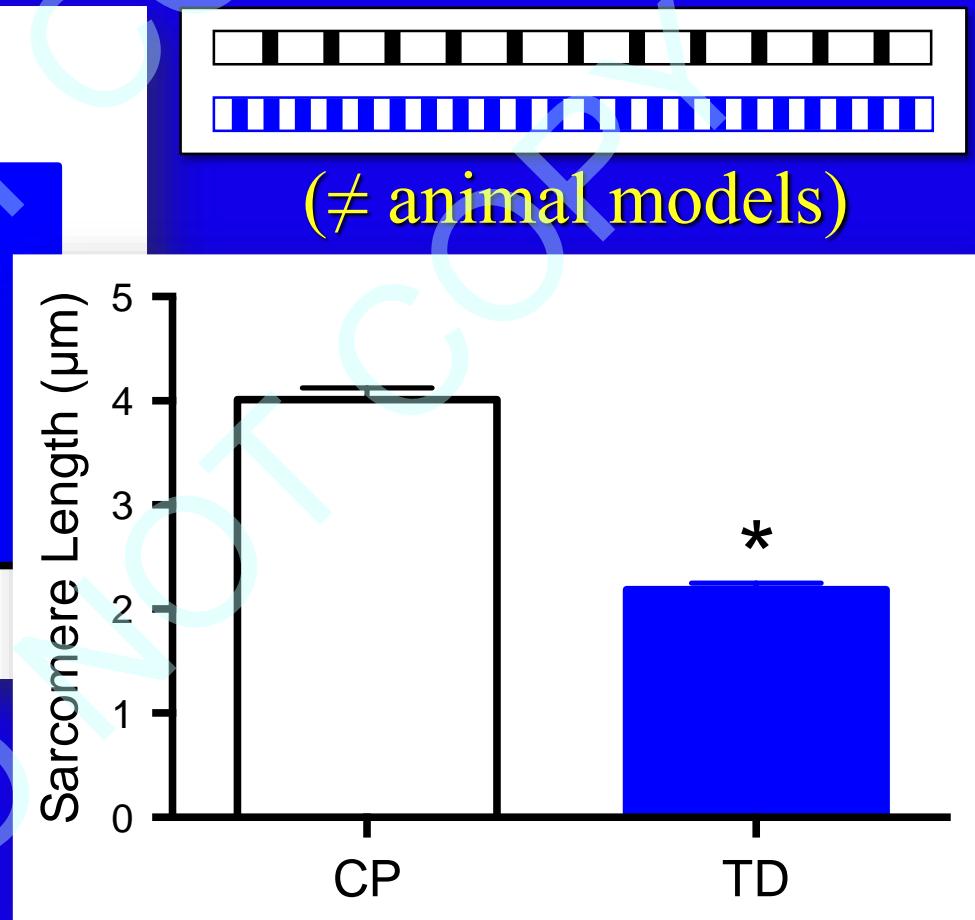
Active Muscle

Fukunaga *et al.* (1996). *J. Appl. Physiol.* **81**:1430-1433.

# While fascicle length is similar...



...sarcomere length  
is much longer...



(≠ animal models)

# SKELETAL MUSCLE SATELLITE CELLS: MEDIATORS OF MUSCLE GROWTH DURING DEVELOPMENT AND IMPLICATIONS FOR DEVELOPMENTAL DISORDERS

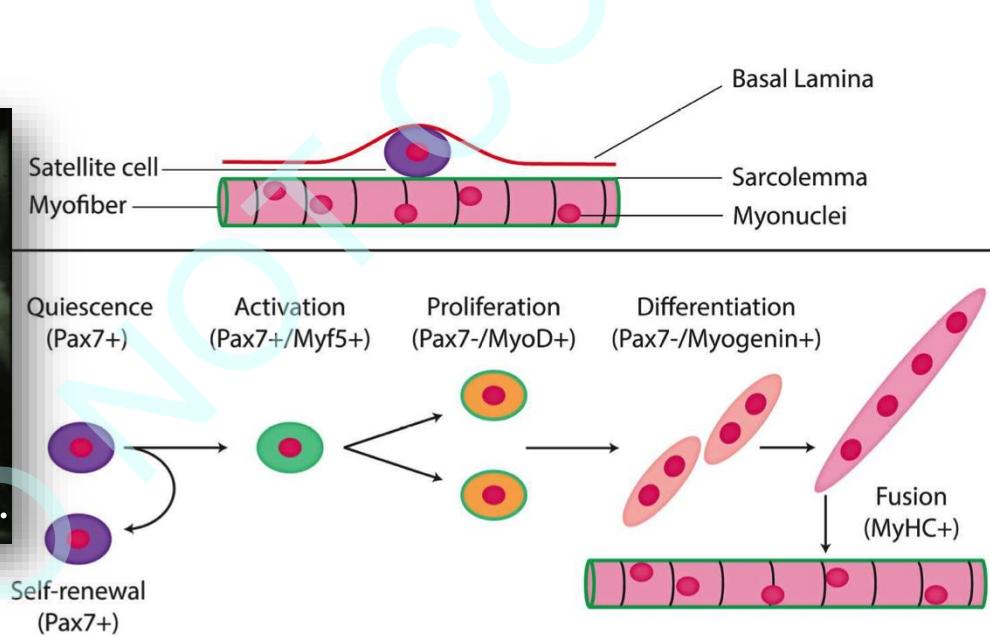
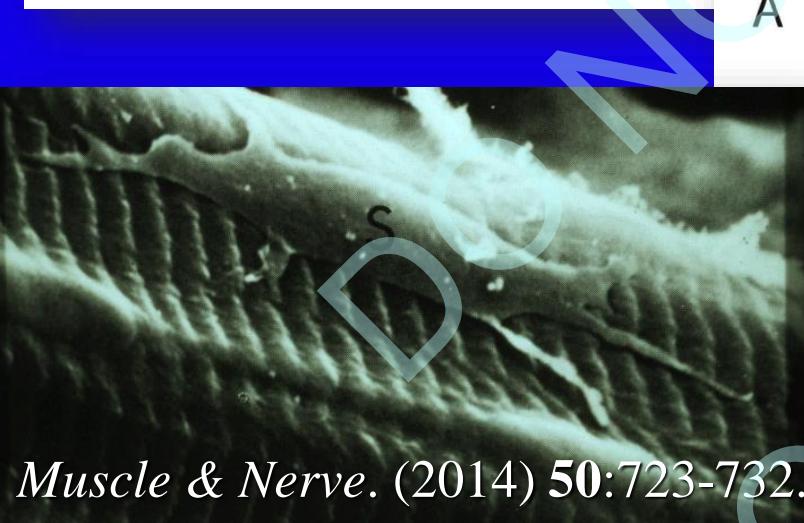
SUDARSHAN DAYANIDHI, PT, PhD,<sup>1,2</sup> and RICHARD L. LIEBER, PhD<sup>1,2,3</sup>

<sup>1</sup>Department of Orthopaedic Surgery, University of California, San Diego, 9500 Gilman Drive, Mail Code 0863, La Jolla, California 92093-0863, USA

<sup>2</sup>Department of Veterans Affairs Medical Center, San Diego, California, USA

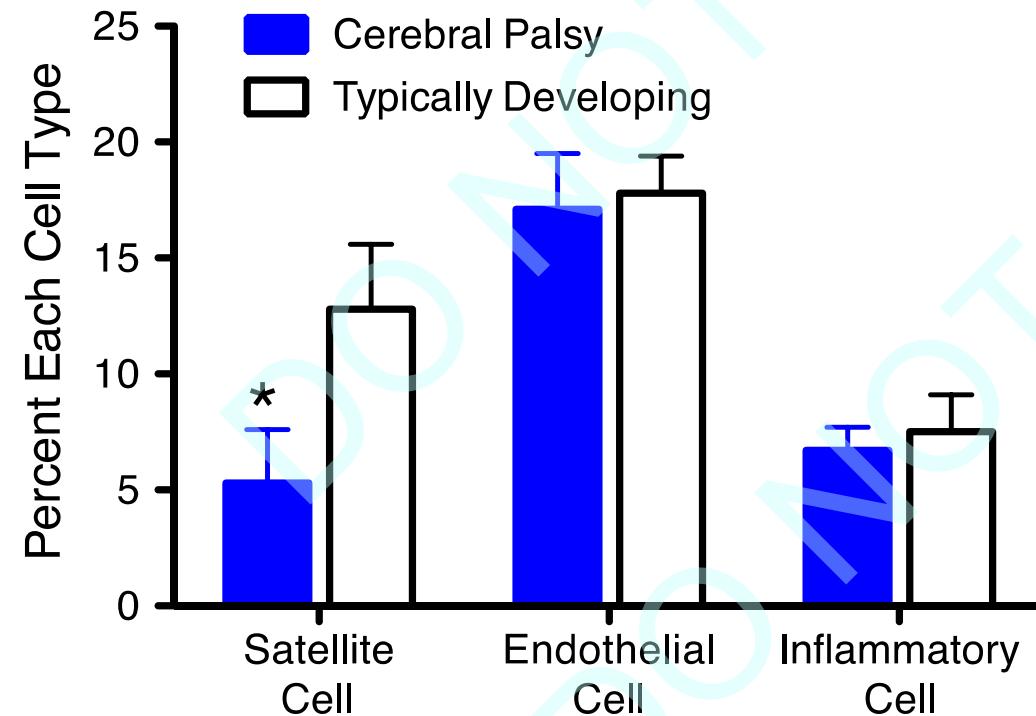
<sup>3</sup>Department of Bioengineering, University of California, San Diego, California, USA

Accepted 26 August 2014



# Reduced satellite cell population may lead to contractures in children with cerebral palsy

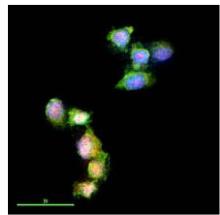
LUCAS R SMITH<sup>1</sup> | HENRY G CHAMBERS<sup>2,3</sup> | RICHARD L LIEBER<sup>1,2</sup>



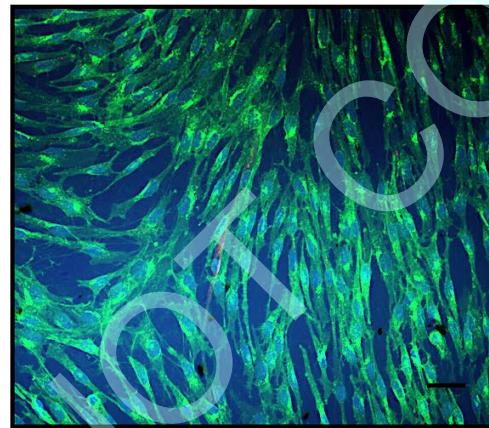
## Implications...

- *Growth*
- *Repair*
- *Regeneration*
- *Hypertrophy*
- *Therapy*

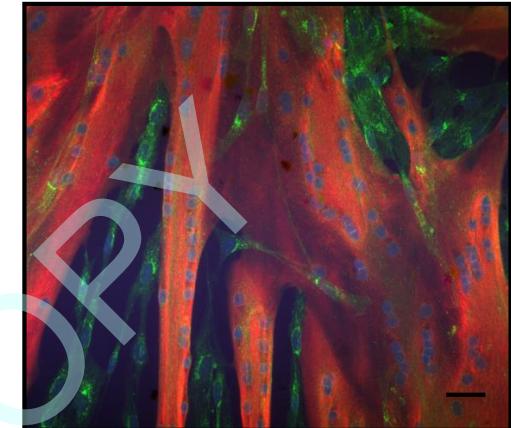
# Myogenesis—Making Muscle



Satellite  
Cells



Myoblasts



Fibers

*Controlled by genetic and epigenetic mechanisms*



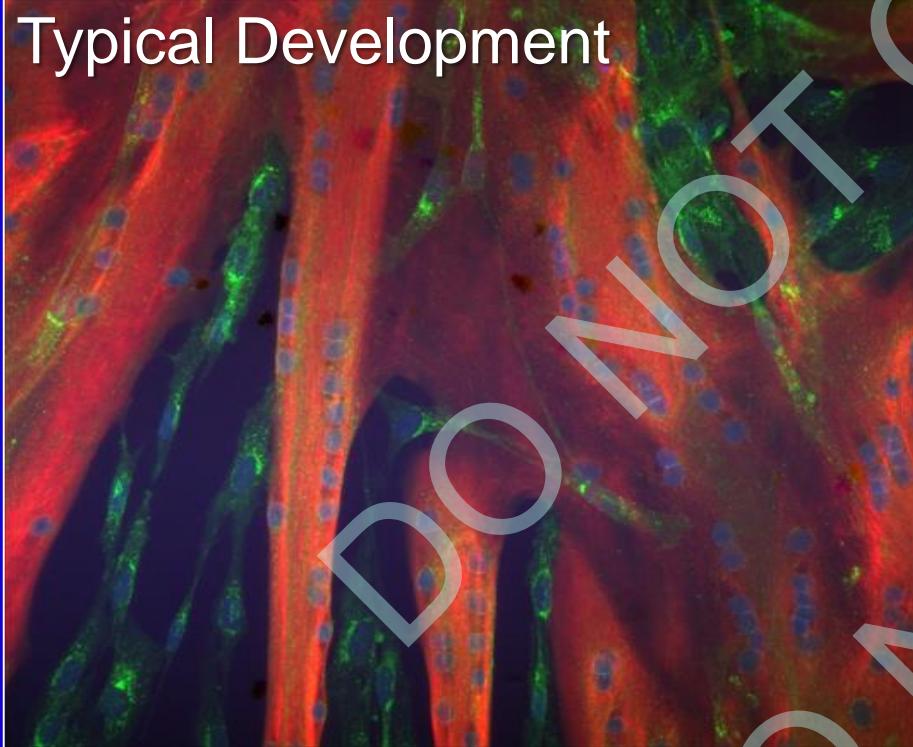
Transcription Factors



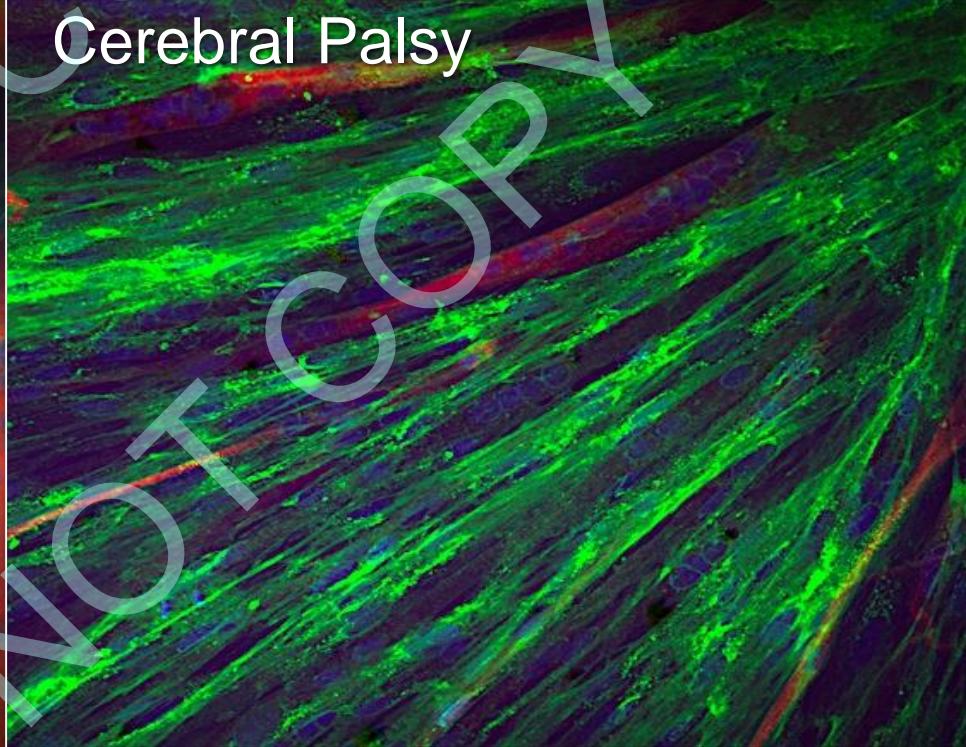
DNA Methylation

# *In Vitro Developmental Impairment*

Typical Development



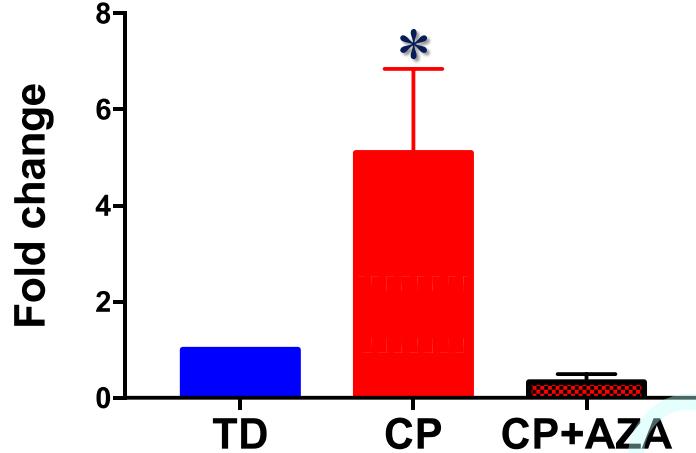
Cerebral Palsy



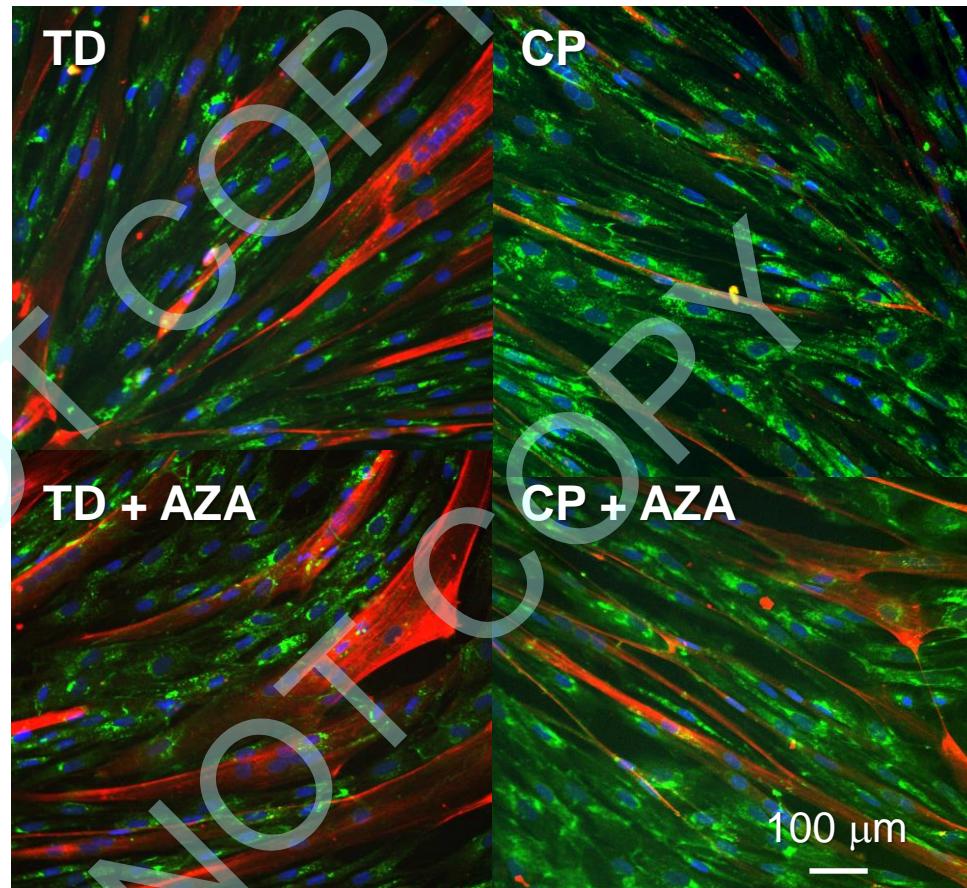
Slow Myosin  
Heavy Chain + WGA

*Implies epigenetic mechanisms...*

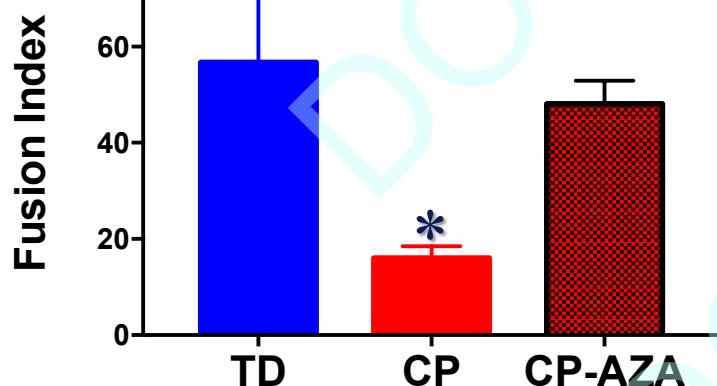
### ITGB1 promoter Methylation



MYH7 WGA DAPI



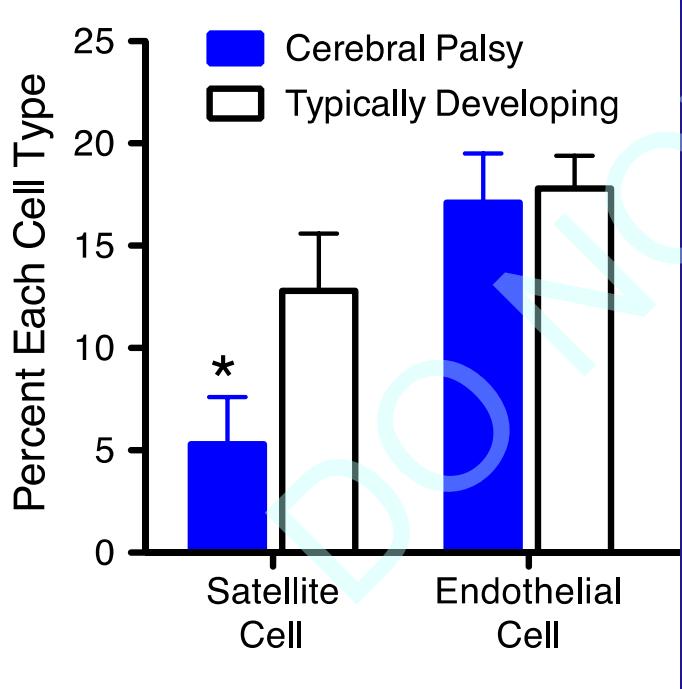
### Ability to Differentiate



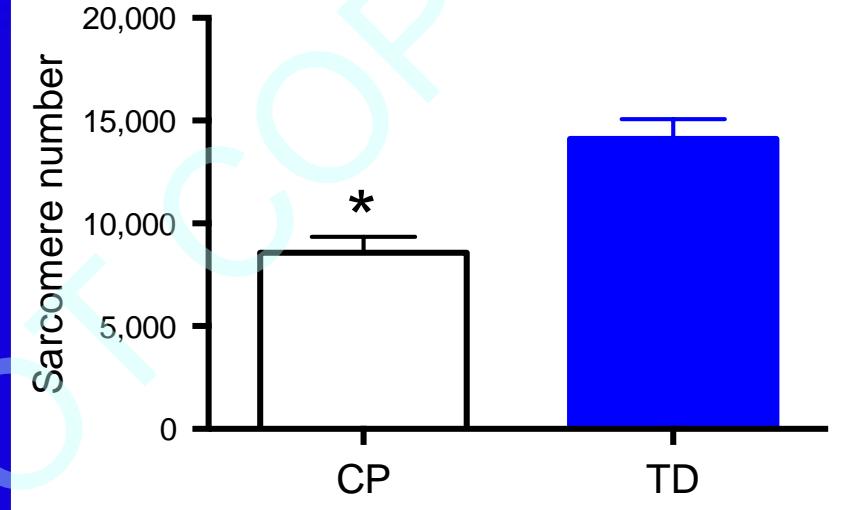
Domenighetti *et al.* (2018).  
*Am. J. Physiol.* **315**:C247–C257.

# *SC Implications for Contracture?*

(Sudarshan Dayanidhi, P.T., Ph.D.)

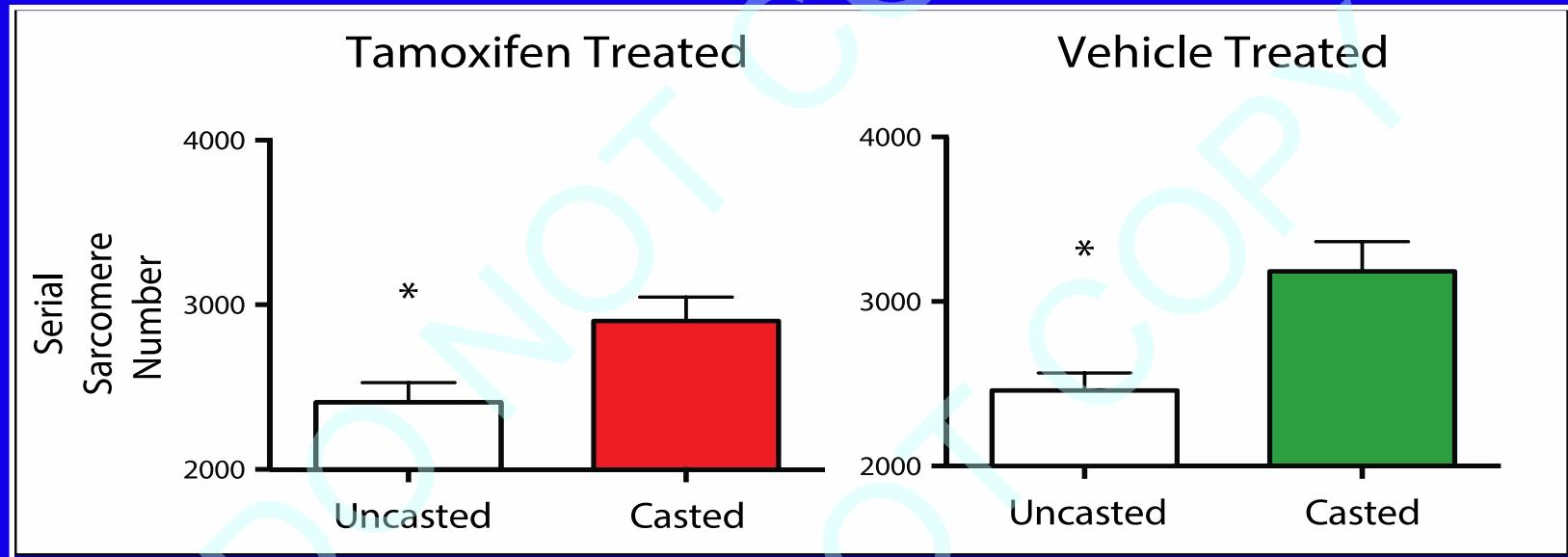


Smith *et al.* 2013  
Dayanidhi *et al.* 2014



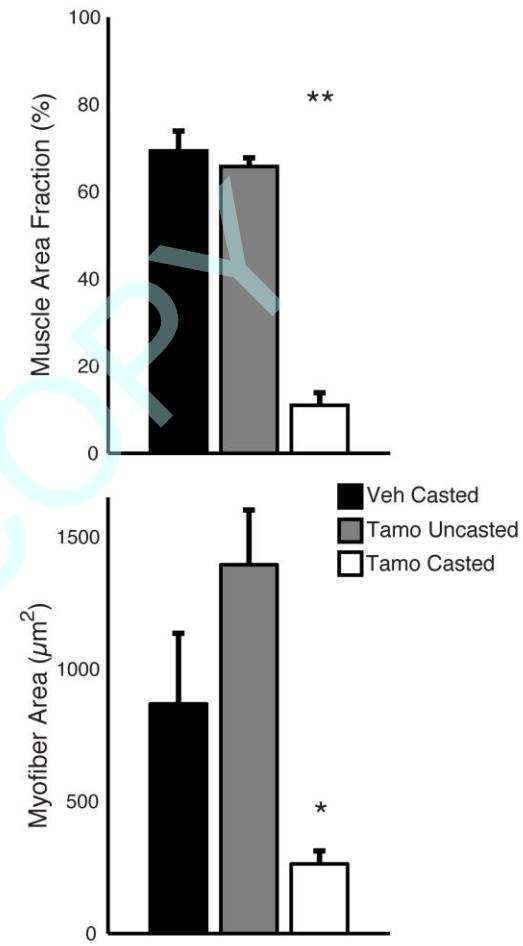
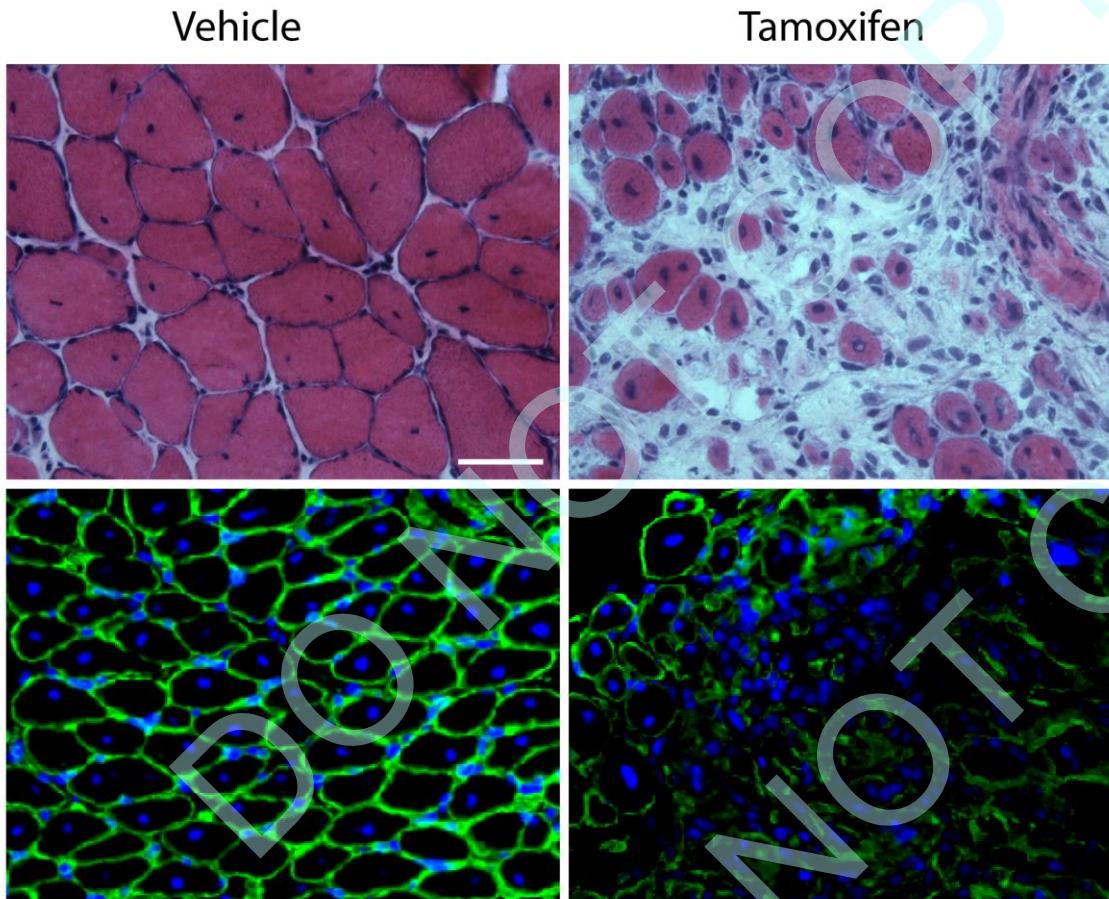
Lieber and Fridén, 2002  
Smith *et al.* 2011  
Mathewson *et al.* 2014

# *Stretched Soleus Sarcomere Number*



*Satellite Cell Number:* 30%  100%

Kinney *et al.* (2017). *Muscle & Nerve* 55:384-392.



# Summary

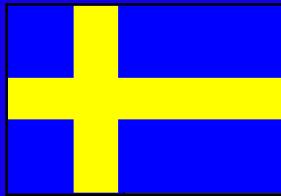
- Skeletal muscle “design” is programmed into the muscle sarcomere length operating range.
- Muscle contracture represents a complex, uniquely human muscle adaptation ( $\neq$  mouse, cat, rat, rabbit).

# Summary (cont.)

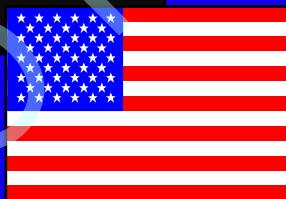
---

- CP muscles have trouble “growing.”
- Curative therapies are hampered by lack of knowledge in several specific areas:
  - ECM Structure and Function
  - ECM Regulation
  - Satellite Cell Development and Function

# Acknowledgments



This work was supported by the NIH, the Department of Veterans Affairs, and the Swedish Medical Research Council

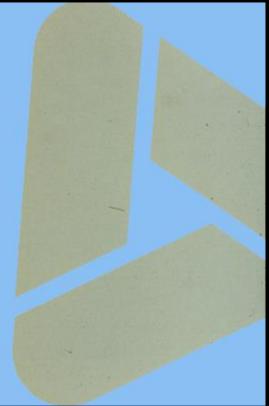


NIAMS



National Institute of  
Arthritis and  
Musculoskeletal and  
Skin Diseases

Supported by a grant from the  
**National Institutes of Health**



National Institute of Child Health and Human Development